

Spring Edition March 2024

Vol 1

# NURTURING NEWS

- HBN Celebrates a Milestone
- Black Doula Collaborative
- Fidelis Care Grant Presentation
- Black Maternal Health Walkathon
- Meet the Fatherhood Team



## Healthy Baby Network



Contact Us:

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Website: [www.Healthy-baby.net](http://www.Healthy-baby.net)



# Happy 28th HBN & 27th Anniversary to our Executive Director!



Healthy Baby Network just celebrated its 28th year here in Rochester, NY. Our organization strives to give every baby the opportunity to be born healthy by supporting vulnerable mothers and families. We provide outreach, education, case management, and research services to improve maternal and infant health outcomes. We believe that a baby born healthy will become a healthier, more successful adult. We work diligently to uplift every parent and every baby.

Sherita Bullock's 27-year journey at Healthy Baby Network exemplifies the power of consistency and dedication in creating meaningful change. You can read more about Sherita's journey by clicking [HERE](#):



# PROGRAMS

Our Community-Based Doula program has several major objectives including: increased education on pregnancy, childbirth, and parenting, reduction in preterm and low birth weights, fewer medical interventions, and reduction in cesarean deliveries and neonatal intensive care unit (NICU) admissions. The program has been successful in meeting several of their goals, including participants in the program experiencing lower pre-term births, lower NICU admissions compared to the rest of Monroe County, the region, and even New York State. Read more [here](#): View our Doula Collaborative video by clicking [here](#):

## Community-Based Doulas



## Breastfeeding/Chestfeeding Peer Counselors



The goal of the program is to increase the number of Black and Hispanic women who breastfeed, which has been a priority of Healthy Baby Network since 1996. Read more [here](#):





# HEALTHY HAPPENINGS...

## Community Baby Shower

In the coming months, Healthy Baby Network will be hosting a community baby shower in collaboration with our community partners. The goal of this event to provide pregnancy-related education, support, and partnership that vulnerable parents in the community need to pursue and achieve optimal health for themselves and their babies. Families will need to pre-register for the event to attend. Registration information will be sent to partners who serve pregnant and parenting families. Through our collaboration with this event, we hope to serve 100 -150 low-income families in the community. Full details of the event will be posted in the coming weeks.



## 5K Walkathon

Black women in America are three times more likely to die from pregnancy-related complications than white women. Join us as we walk and talk about the challenges and solutions at our 5K Walkathon during Black Maternal Health week. We'll see you on Saturday, April 13th at 9:30am at Genesee Valley Park.

## Walk-A-Thon

SATURDAY, APRIL 13TH, 2024  
BLACK MATERNAL HEALTH WEEK

Hosted By

Healthy Baby Network

WWW.HEALTHY-BABY.NET

GENESEE VALLEY PARK  
ROUNDHOUSE SHELTER

Pre-Registration  
is required

REGISTRATION OPEN 9 AM

WALK BEGINS 10 AM

Online Registration link



## Fidelis Check Presentation

Fidelis Care presented a \$10,000 grant to the Healthy Baby Network, which ensures safe pregnancies and healthy newborns especially for lower-income and under-served communities.

Read [more](#)

## Fatherhood and Re-entry



Our Fatherhood Program specifically tailored for Black Fathers in the inner city is a unique and valuable initiative that recognizes the importance of supporting and empowering fathers within their specific cultural and community context. This program provides guidance, resources, and a supportive network to help black fathers thrive in their role as active and involved parents. Read more [here](#):

### Kudos Korner

Join us in celebrating the amazing things our staff members do throughout the year. Their dedication and passion are what drive our organization's success and make a difference in the lives of those we serve. Together, we can create a brighter future and continue to make a positive impact on our community. Read More [Here](#):

**“Stay connected. Good things are happening.”**

To Donate to [www.healthy-baby.net](http://www.healthy-baby.net), click [here](#)...